

## OUR MISSION

Jewish Family and Children's Service of Minneapolis provides essential services to people of all ages and backgrounds to sustain healthy relationships, ease suffering and offer support in times of need.

♥ Here for all. *Always.*<sup>®</sup>

We are proud to say that for more than a century, JFCS has provided programs, services, and support for thousands in the Jewish and broader communities. We provide career services, children and family services, community engagement, counseling and mental health support, and senior services.

Our staff is highly trained and professional, providing individualized and culturally sensitive, confidential care that incorporates best practices. Repairing the world one person at a time, a central value of Judaism, informs our work and mission. Above all, our staff are compassionate and experienced. We are here for you when you need us, for many years to come.

We can help. } 952-546-0616  
*Just call JFCS.*

## CAREER SERVICES

Certified professionals provide complete career assistance including resume development, social media strategies, interviewing skills and more. Our programs empower people to explore and identify their visions of career success, including access to or support for career training.

- ♥ Career Counseling and Coaching
- ♥ Dislocated Worker Program
- ♥ IT Pathways Career Training
- ♥ Minnesota Family Investment Program
- ♥ Networking, Training and Events
- ♥ Vocational Rehabilitation Services

## CHILDREN & FAMILY PROGRAMS

Services for children and families provide the tools and support needed to live stable and engaged lives including mentorship, financial assistance, early childhood and parent education, and programs to aid self-sufficiency and food security.

- ♥ The ACT Program
- ♥ Family Life Education
- ♥ Jewish Community Addiction Services
- ♥ Jewish Youth Mentoring Program
- ♥ ParentChild+
- ♥ Parent Coaching

## COMMUNITY SERVICES & ENGAGEMENT

JFCS looks for opportunities that help build and sustain well-being and meaningful connections, creating a stronger community. Through partnerships and initiatives, we aim to be a valuable and contributing member of the Jewish community, broader Twin Cities community and beyond.

- ♥ Annual Conference on Mental Health
- ♥ Hag Sameach (Happy Holidays) Program
- ♥ Jewish Community Inclusion Program for People with Disabilities
- ♥ J-Pride
- ♥ NextGen
- ♥ PJ Library and PJ Our Way
- ♥ Professional Development and Trainings
- ♥ Shalom Baby
- ♥ Volunteer Resources

## COUNSELING & MENTAL HEALTH SERVICES

Highly skilled, licensed therapists, social workers, and case managers work with care and compassion to address the challenges people face throughout their lives.

- ♥ Consultation Services
- ♥ Counseling
- ♥ Mental Health Support Services
- ♥ PREPARE/ENRICH
- ♥ Twin Cities Jewish Healing Program

## FINANCIAL ASSISTANCE & FOOD SECURITY

JFCS provides financial assistance and programs to aid with stability and self-sufficiency. Through camp and academic scholarships, financial assistance the Jewish Free Loan Program, and food security initiatives, we provide support through the hard times.

- ♥ Academic Scholarships
- ♥ Camp Scholarships
- ♥ Emergency Financial Assistance
- ♥ Food Security Initiatives
- ♥ Jewish Free Loan Program

## SENIOR SERVICES

JFCS Senior Services support the dignity and independence of older adults, offering services that center on providing highly-personalized care with boundless compassion. We work to ensure safe, supported and independent living at home, and resources, education and respite for caregivers.

- ♥ Alzheimer's and Dementia Community Services
- ♥ Case Management/Care Coordination
- ♥ Caregiver Coaching
- ♥ Caregivers Conference
- ♥ Holocaust Survivor Support Services
- ♥ JFCS Memory Cafe
- ♥ Jacob Garber Transportation Services
- ♥ Kosher Meals on Wheels
- ♥ Shopping Services
- ♥ Care Planning Consultation